

Aetna Better Health of Michigan Community Resource List

Aetna Crisis Support Line: 1-833-327-AETNA (2386)

Michigan 211: Dial 211 or text your zip code to 898211 to connect with resources in your area

Region 8: Berrien, Branch, Calhoun, Cass, Kalamazoo, St. Joseph and Van Buren Counties

Region 9: Hillsdale, Jackson, Lenawee, Livingston, Monroe, and Washtenaw

Region 10: Wayne, Oakland and Macomb

Food	Region	Details
Michigan Department of Education Service Map	Statewide	This map has information on all school food programs in Michigan. https://www.mcgi.state.mi.us/schoolnutrition/
Michigan WIC Program Food Expansion	Statewide	WIC has expanded food choices available. Please see the link below for a detailed list of changes. https://www.michigan.gov/mdhhs/0,5885,7-339-71547_4910-211359--,00.html
Food Pantry Locator	Statewide	Website allows to search by zip code for food pantries. http://pantrynet.org/
Kalamazoo Loaves and Fishes	Region 8	By appointment only – call 269-343-3663 Monday-Friday to make an appointment for a food pickup. http://kzoolf.org/
Senior Services Meals on Wheels	Region 8	Call 269-382-0515 or visit the website to get additional information on availability. https://seniorservices1.org/
Ministry with Community	Region 8	Bag breakfast served between 8am-9am daily. Bag lunch served between 1:30-2:30pm daily.

		https://ministrywithcommunity.org/service-changes-during-covid19
South Michigan Food Bank	Region 8 and 9	Various food resources available in Calhoun, Branch, Hillsdale, Jackson and Lenawee Counties. https://smfoodbank.org/coronavirus/
Feeding America West Michigan	Region 8	Various food pantries available across Van Buren, Cass and Berrien counties. See link below for further information. https://www.feedwm.org/findfood/
Twelve Baskets	Region 8	Food distribution in Portage on the 2nd and 4th Saturdays each month from 8:30am - 12:00pm and the 1st and 3rd Fridays each month from 4:00pm - 7:00pm. Must have an ID can only receive food twice monthly. https://twelve-baskets.org/
Valley Family Church - Portage	Region 8	Food distribution on Tuesday's from 5:30-7pm
Food Gatherers	Region 9	A food map available for resources in Washtenaw County. https://www.foodgatherers.org/?module=Page&class=Pantries
Livingston County Human Services Collaborative Body	Region 9	Various food resources available in Livingston County. See link below for further information. https://www.livgov.com/hscb/Documents/Food%20Programs.pdf
Matrix Human Services	Region 10	See website for updated information on upcoming food distributions. http://www.matrixhumanservices.org/
Forgotten Harvest	Region 10	Various food resources in Wayne County. Visit their website for updates and to locate food. https://www.forgottenharvest.org/find-food/
Oakland County Food Pantries	Region 10	Various food pantries in Oakland County. https://www.needhelppayingbills.com/html/oakland_county_food_pantry.html

Housing	Region	Details
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Full Blast Shelter	Region 8	Full Blast in Battle Creek will be open as a shelter for men only daily from 11pm until 7am.
Housing Resources Inc.	Region 8	Provides housing assistance in Kalamazoo County. Contact through phone at 269-382-0287 for further information.
Kalamazoo Gospel Mission	Region 8	Night shelter for men, women and children. The organization is continuing to provide services during this time. https://www.kzoogospel.org/covid-19-update
Keystone Place	Region 8	Serves St. Joseph County. Call 269-467-7078 for further information.
The Haven of Rest Ministries	Region 8	Shelter for men in Battle Creek. The organization is continuing to provide services during this time. http://www.thehavenbc.org/mensshelter.html
Jackson Housing Commission	Region 9	Call 517-787-9241 for information on services available.
Oakland Livingston Human Service Agency	Region 10	Providing virtual services during this time. Call 248-209-2600 for further information.
Detroit Housing Commission	Region 10	The Detroit Housing Commission will effectively and efficiently develop, manage, and preserve quality affordable housing. For additional information call 313-833-3590.
St. Clair Shores Housing Commission	Region 10	In conjunction with the Department of Housing and Urban Development provide low-cost, high-quality housing to low-income residents. For additional information call 586-773-9200 or visit https://www.scs hc.org/

Mental Health/Substance Abuse	Region	Details
Headspace	Statewide	Free meditation and mindfulness content available for residents of Michigan. https://www.headspace.com/mi
State of Michigan Certified Peer Specialist Support Warm Line	Statewide	Available 10am-2am 7 Days per week 1-888-733-7753

Integrated Services of Kalamazoo	Region 8	Continues to provide services during this time. Call 269-553-8000 for more information. For help with a mental health crisis, call the 24 hour crisis hotline at 888-373-6200. http://kazoocmh.org/
Riverwood Center – Berrien County	Region 8	Call 269-925-0585 and ask to speak with a Clinician. https://www.riverwoodcenter.org/#new-page-3
Southwest Michigan Behavioral Health	Region 8	Call 800-676-0423 or visit https://www.swmbh.org/ for more information on mental health services.
Summit Pointe – Calhoun County	Region 8	Call 269-966-1460 for assistance. For help with a crisis, call 1-800-632-5449. https://www.summitpointe.org/
Lifeways	Region 9	Providing essential substance abuse and mental health services in Jackson, Leenawe and Hillsdale. Call 517-789-1200 for further information. For assistance with a crisis, call the 24-Hour Access Crisis Line at 800-284-8288. https://lifewayscmh.org/
Washtenaw County Community Mental Health	Region 9	Call 734-544-3050 for assistance. https://www.washtenaw.org/839/Community-Mental-Health
Oakland Livingston Human Service Agency	Region 10	Providing virtual services during this time. Call 248-209-2600 for further information.
Detroit Wayne Mental Health Authority	Region 10	We are a healthcare safety net organization that provides access to a full array of integrated services that facilitate individuals to maximize their level of function and create opportunities for quality of life. Call 24 hour help line 800-241-4949
Oakland County Behavioral Health	Region 10	Behavioral Health Resources available throughout Oakland County https://www.oakgov.com/health/information/Pages/community-health-resources.aspx
Macomb County Community Mental Health	Region 10	Visit https://www.mccmh.net/ Crisis Center Helpline ACCESS Center 855-996-2264

Diaper and Formula	Region	Details
St. Luke's Diaper Bank	Region 8	Distribution Tuesdays from 9am-12pm. Please see link below for location information as it varies. https://www.stlukesdiaperbank.org/
Riverside Diaper Bank	Region 8	Distribution on the 1 st Tuesday of each month from 6-7pm at Riverside Church in Centreville. Call 269-273-8723 for further information.
Alternatives of Battle Creek and Kalamazoo	Region 8	Providing diapers, wipes and formula on an as needed basis. Call 269-359-1046 for Kalamazoo or 269-425-1141 for Battle Creek Monday - Thursday between 10am-2pm to set up a pickup. https://www.alternativescc.org/
United Way of Jackson County	Region 9	Provides resources for families and children. https://uwjackson.org/
Oakland County Michigan	Region 10	Free and low-cost services for Moms and Babies in Oakland county, visit https://www.oakgov.com/health/partnerships/echo/Documents/ECHO%20Mom%20and%20Baby%20Resources.pdf
Macomb Material Resources	Region 10	Array of resources for baby and families, visit https://www.macomb.edu/resources/counseling-academic-advising/attachments/Material-Resources.pdf
Financial	Region	Details
Stimulus Check Assistance Website	Statewide	University of Michigan created this website to assist people who have not filed taxes in the past 2 years. https://poverty.umich.edu/stimulus-checks/
Pandemic Electronic Benefit Transfer Program (P-EBT)	Statewide	Provides temporary funding to address emergency food needs for families affected by the COVID-19 pandemic.

		https://www.michigan.gov/coronavirus/0,9753,7-406-98158-525248-,00.html
Consumers Energy	Statewide	Suspending shutoffs for non-pay for low-income and senior customers beginning March 16, 2020 through June 1, 2020.
DTE Energy	Statewide	Shutoffs for non-payment will be suspended for low income customers (200% or less of Federal Poverty Level) through May 3, 2020.
Phone Services	Statewide	<ul style="list-style-type: none"> • AT&T - Will not shut off for 60 days, late fees due to COVID-19 hardships waived. • Metro by T-Mobile - Special discount plan available, all customers have unlimited data • Sprint - Unlimited data for 60 days • T-Mobile - Customers can call to make payment arrangements during COVID-19, unlimited data for 60 days • Tracfone - Customers on SNAP or Medicaid may qualify for payment assistance • US Cellular - Data overcharges waived <p>Verizon - Late fees will be waived, services will not be terminated if payment cannot be made (for must be submitted)</p>
Internet Assistance	Statewide	<ul style="list-style-type: none"> • AT&T - https://www.att.com/shop/internet/access/#/ • Spectrum - https://www.spectrum.com/browse/content/spectrum-internet-assist • Comcast - https://www.internetessentials.com/
Michigan Works Southwest	Region 8	Open for phone appointments only. Call 800-285-9675 or visit www.michiganworkssouthwest.org for further information.

Wayne County Michigan Assistance Programs	Region 10	Locate financial help in Detroit as well as Wayne County. There are places to turn to for help with paying housing costs (rent, mortgages, or utilities); free food; job programs; clothes including winter attire and much more. For more information visit https://www.needhelppayingbills.com/html/wayne_county_assistance_progra3.html
OLHSA - A Community Action Agency	Region 10	An array of resources and information to assist financially, for more information visit https://www.olhsa.org/oakland-county

COVID-19 Health	Region	Details
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COVID-19 Test Site Locator	Statewide	The website below is a map of COVID-19 test sites in Michigan. https://www.michigan.gov/coronavirus/0,9753,7-406-98189--,00.html
State of Michigan Coronavirus Information	Statewide	State of Michigan website with updated COVID-19 information. https://www.michigan.gov/coronavirus
State of Michigan COVID-19 Hotline	Statewide	Available seven days a week from 8 a.m. to 5 p.m. 888-535-6136
County Health Departments	Statewide	Website with county health department information. County websites can be utilized for updated local COVID-19 updates. https://www.michigan.gov/mdhhs/0,5885,7-339-73970_5461_74040--,00.html

Children/Child Care	Region	Details
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Michigan Department of Education Social and Emotional Learning Resources	Statewide	Social and emotional learning resources available at the link below. https://www.michigan.gov/mde/0,4615,7-140-523548--,00.html
National Head Start Association	Statewide	Website with free resources for learning at home. https://www.nhsa.org/educational-resources-learning-home

Southwest Child Care Resources	Region 8	Information on relief child care for essential workforce. Call 269-349-3296 or visit https://www.ccr4kids.org/ for further information.
Berrien County Great Start Collaborative	Region 8	Website provides information on resources for parents in Berrien County. https://greatstartberrien.org/
Kalamazoo County Great Start Collaborative	Region 8	Website provides information on resources for parents in Kalamazoo County. http://www.kalamazoogreatstartcollaborative.org/
Livingston County Great Start Collaborative	Region 9	Website provides information on resources for parents in Livingston County. http://greatstartlivingston.org/index.html
Wayne County Great Start Collaborative	Region 10	Website provides information on resources for parents in Wayne County. https://www.greatstartwayne.org/